

NIRVANAVAN

YES I'd like to pledge my support with ____ a month.

Please complete the details on this form and return it today to:
Nirvanavan Foundation, 70 Thurleigh Road, London SW12 8UD

My Name: My telephone number is:
Address:
.....
..... My e-mail address:
..... Postcode:
.....

I want to start making a regular contribution ofa month until further notice, starting
on (Please allow at least three weeks between signing the form and the date of the
first payment).

Instructions to your bank or Building Society to pay Direct Debit:

Name(s) of Account Holder(s)
.....

Bank or Building Society Account No. Sort Code:..... - -

Name and full address of Bank or Building Society:
.....
.....
.....
.....

Instructions to your bank or building society: Please pay The Nirvanavan Foundation direct debits from
the above account subject to the safeguards assured by the Direct Debit Guarantee.

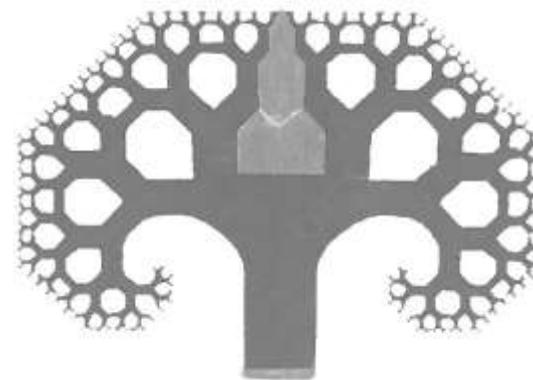
Signed: date.....

Receiving bank details:

Nirvanavan Foundation, Barclays Bank, Wandsworth Branch, PO Box 3847, London SW11 1TR.

Account Number: 30709468 Sort Code: 20 – 90 – 69

Nirvanavan Foundation



love and maitri

AUTUMN 2007

Nirvanavan Foundation
70, Thurleigh Road
London SW12 8UD

Web site: www.nirvanavan.org.uk
e-mail: Krishnadhyanam@hotmail.com

Hello again.

Time flies! It doesn't seem long since I came back from India – and already I am preparing to return. (I leave at the beginning of October).

Because I don't speak Hindi and the children in the schools do not speak English, I am always seeking alternative ways to communicate. Singing is very good. Children everywhere love to sing – the songs can also be good for their English learning – all the children at Advaita Gardens now know what ten green bottles are – and the walls of the new classrooms which they were building themselves earlier this year are very good for standing said bottles on!

Recently I have been taking drawing lessons (from the Guardian G2 section, which has just had a series of teaching lessons on drawing wildlife!) As the Foundation is actively involved in educating people about the importance of tiger conservation, I thought it a good opportunity to learn how to draw one. So here we go:

Not bad eh??? This year we shall be drawing as well as singing. Hopefully the whole of Alwar district will be covered in tiger drawings! Your money will be providing the drawing materials. Anybody know any good songs about tigers?????? If so please let me know.

And talking about money, we have decided not to have a major fund-raising day this year. It can, I know, be embarrassing to ask your friends and students for sponsorship money yet again. The fact that we now have £450 coming in every month from the direct debit scheme gives us the opportunity to have a rest from yet another sponsored surya namaskar. However, we shall be back!! Hopefully a rest will inspire you even more for next year!! . If you would like to make a direct debit contribution, the form is on the back page. Having a regular income really helps the Foundation to budget when they know how much they are likely to receive.

The application for charity status is going ahead. We now have five trustees. If the application is accepted we shall be known as the Nirvanavan Foundation Trust and will be able to claim gift-aid income from the government. For your information here is a summary of the accounts for the past few years.

	Income	grants to the Foundation
2003/4	£35	
2004/5	nil	
2005/6	£9,621	£3,622
2006/7	£9,109	£6,021
2007/8 to date,	about £3,000	£5,022

I shall be taking another £5,000 with me in October.

Progress on acquisition of the land at Advaita Garden is slow but sure. All that remains is an official signature – (and official signatures in India sometimes take a long time coming!) However, it is on its way and once the Foundation owns the land they can begin work on building the children's home. The natural beauty of the area will be enhanced enormously in a few years as the many trees they have planted continue to grow.

Many thanks for all your contributions. They are gratefully received. The work of the Nirvanavan Foundation continues to enrich the lives of many adults and children in Rajasthan. I personally feel very moved and inspired to be part of it all.

Love and maitri (friendship)

Krishnadhyanam/Richard

PS One or two people have asked why the Foundation is not included in the Satyananda Yoga Centre website anymore. Nirvana, who founded the Foundation, is anxious not to be seen as any kind of 'Guru' figure and he feels that being part of such a website could give people a slightly wrong impression of what the Foundation is about. "I am", he says, "purely and simply a social worker. Nothing more nothing less." He even does not like people referring to him as 'Baba', and does not want people looking to him for any kind of spiritual guidance. We respect and are happy to support him in his choice, even though we think that in fact he is one of the best kind of 'spiritual' workers around.

